

The Tracpac extendible shock-absorbing lanyard is composed of a shock absorber to which an extendible lanyard is attached. The total length of the lanyard stretches from 4½ to 6 ft. (1.4 to 1.8 m) providing mobility to the worker without the clutter or hinderance of a long lanyard.

The stretch within the lanyard arm also acts as an indicator when the user is nearing the maximum length of the lanyard. This eliminates the unpleasant nature of a sudden stop experienced by conventional shock-absorbing lanyards.

When a fall occurs, the sudden stop caused by the fall arrest system submits the human body to a high impact force (the longer the free fall distance, the higher the force).

The purpose of the shock absorber is to lower the impact force experienced in a fall by dissipating the kinetic energy and controlling deceleration. The shock-absorbing device is made of a specially woven webbing that elongates through tearing on its weave and stitching. This action limits the impact force to less than 900 lbs. (4 kN).

The dual arm model allows the worker to remain safely connected at all time (100% tie-off) while climbing or on the move.

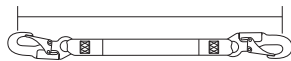
For further information, refer to the "Use and Maintenance Instructions" for harnesses, belts and lanyards.

Features

- Reduces tripping hazards
- Fall indicator
- Stretchable design

Size

- Stretches from 4½ to 6-ft. (1.4 to 1.8 m) only



Size of lanyards are based on measurement from inside to inside hook.

Applications

- Construction
- Scaffold
- Maintenance

Applicable standards

- ANSI/ASSE Z359.1-2007 (some models)
- ANSI/ASSE A10.32-2004
- OSHA 1926 and 1910
- CSA Z259.11-05, class E4

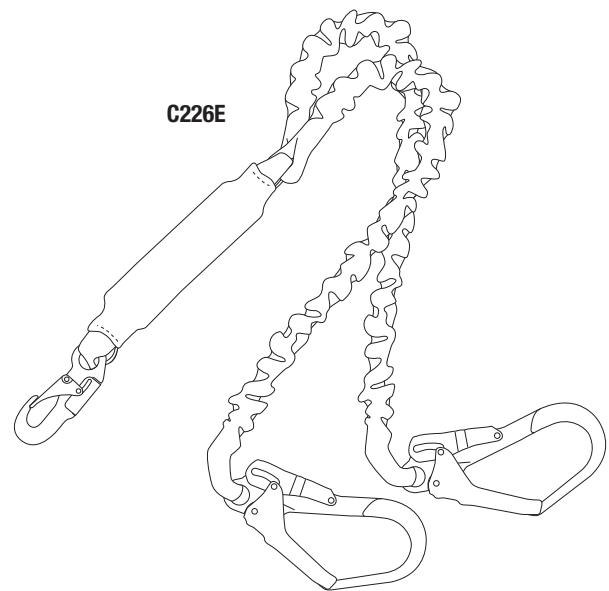
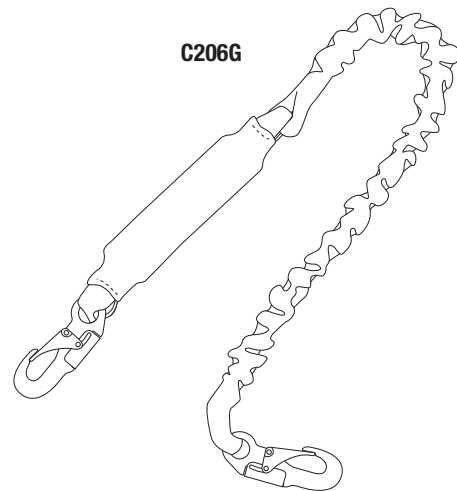
Available models that meet

ANSI/ASSE Z359.1-2007

All shock-absorbing lanyards have a ¾-in. (19 mm) self-locking snap hook on one end.

- C206Z 4½ to 6-ft. (1.4 to 1.8 m) with a ¾-in. (19 mm) self-locking snap hook on the other end
- C206H 4½ to 6-ft. (1.4 to 1.8 m) with a 2¼-in. (57 mm) self-locking snap hook on the other end
- C226Z 4½ to 6-ft. (1.4 to 1.8 m), two arms with a ¾-in. (19 mm) self-locking snap hook on each arm
- C226H 4½ to 6-ft. (1.4 to 1.8 m), two arms with a 2¼-in. (57 mm) self-locking snap hook on each arm

For information on Tractel connectors, refer to technical sheet T-4536.



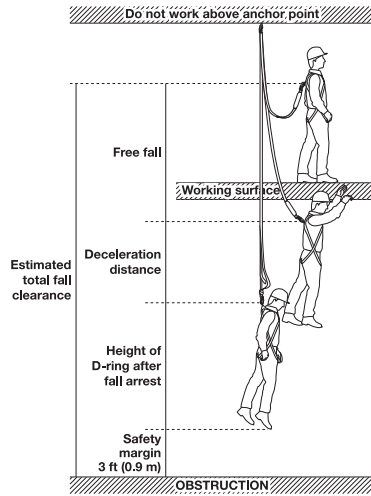
Available models that meet

ANSI/ASSE 10.32-2004 ONLY

All shock-absorbing lanyards have a ¾-in. (19 mm) self-locking snap hook on one end.

- C206G 4½ to 6-ft. (1.4 to 1.8 m) with a ¾-in. (19 mm) self-locking snap hook on the other end
- C206E 4½ to 6-ft. (1.4 to 1.8 m) with a 2¼-in. (57 mm) self-locking snap hook on the other end
- C226G 4½ to 6-ft. (1.4 to 1.8 m), two arms with a ¾-in. (19 mm) self-locking snap hook on each arm
- C226E 4½ to 6-ft. (1.4 to 1.8 m), two arms with a 2¼-in. (57 mm) self-locking snap hook on each arm

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⚠ WARNING ⚠

When choosing an anchorage point, take into consideration the deceleration distance. The shock absorber can elongate up to 42 in. (1.1 m) as it extends during activation.

Free fall distance must never be greater than 6 ft. (1.8 m). Consult local regulations as permitted free fall distance may be less than 6 ft. (1.8 m).

PARTS	SPECIFICATIONS	APPLICABLE STANDARDS
Tear webbing	Minimum tearing force: 500 lbs. (2.2 kN) Maximum impact force: 900 lbs. (4 kN) Maximum deployment length: 42 in. (1.1 m)	ANSI Z359.1-2007 ANSI 10.32-2004 CSA Z259.11-05, class E4
Shock absorber webbing	High tenacity polyester Width: 1¾ in. (45 mm) Thickness: ⅛ in. (1.4 mm) Tensile strength: 5,700 lbs. (25.4 kN) Webbing is heat-cut to prevent fraying.	ANSI Z359.1-2007 ANSI 10.32-2004 CSA Z259.11-05, class E4
Shock absorber protective cover	High tenacity polyester Width: 3⅝ in. (85 mm) Tubular construction	ANSI Z359.1-2007 ANSI 10.32-2004 CSA Z259.11-05, class E4
Lanyard arm tubular webbing	High tenacity polyester Width: 1¾ in. (35 mm) Thickness: ⅝ in. (2 mm) Tensile strength: 6,000 lbs. (26.7 kN) Webbing is heat-cut to prevent fraying.	ANSI Z359.1-2007 ANSI 10.32-2004 CSA Z259.11-05, class E4
Core elastic	Braided heavy duty elastic Width: 1 in. (25 mm)	
Stitching	Lanyard is lock-stitched. Thread: #138 polyester	CSA Z259.12-01
¾-in. (19 mm) self-locking snap hook (43601 – Z hook)	Plating: zinc dichromate Proof-loaded 100% at 3,600 lbs. (16 kN) Tensile strength: 5,000 lbs. (22.2 kN) Gate strength: side and face 3,600 lbs. (16 kN)	ANSI Z359.1-2007 ANSI 10.32-2004 CSA Z259.12-01
¾-in. (19 mm) self-locking snap hook (45000 – G hook)	Plating: zinc dichromate Proof-loaded 100% at 3,600 lbs. (16 kN) Tensile strength: 5,000 lbs. (22.2 kN) Gate strength: side 350 lbs. (1.6 kN), face 220 lbs. (1.0 kN)	ANSI 10.32-2004 CSA Z259.12-01
2¼-in. (57 mm) self-locking snap hook (43615 – H hook)	Plating: zinc dichromate Proof-loaded 100% at 3,600 lbs. (16 kN) Tensile strength: 5,000 lbs. (22.2 kN) Gate strength: side and face 3,600 lbs. (16 kN)	ANSI Z359.1-2007 ANSI 10.32-2004 CSA Z259.12-01
2¼-in. (57 mm) self-locking snap hook (4634 – E hook)	Plating: zinc dichromate Proof-loaded 100% at 3,600 lbs. (16 kN) Tensile strength: 5,000 lbs. (22.2 kN) Gate strength: side 350 lbs. (1.6 kN), face 220 lbs. (1.0 kN)	ANSI 10.32-2004 CSA Z259.12-01
Capacity	310 lbs. (140 kg), one person	ANSI Z359.1-2007 ANSI 10.32-2004 CSA Z259.11-05, class E4